



2024

Winter Cup

COMPETITOR'S REGISTRATION FORM

Please return this form along with your registration fee (NON-REFUNDABLE)

Registration Deadline, MUST BE RECEIVED by January 19th 2024

Absolutely no applications will be accepted after January 19th 2024

Please Fill in ALL Information - Important: If any information is missing, application will not be processed.

Last Name: _____ DOB: _____

First Name: _____ Phone: _____ Weight: _____

Address: _____

City: _____ State: _____ Zip: _____

Rank: (Circle one) **Beginner Intermediate Advanced Black Belt** Sex: **M F**

E-mail: _____

School Name: _____

EVENTS

Registration Includes all Events

Open Forms - Open Weapons - Creative Breaking

FEES

All 3 Events = \$55

REG TOTAL \$55

BOARD TOTAL _____
From Box on left

GRAND TOTAL _____

Make certified check or money order payable to
Pil-Sung Martial Arts.

BOARDS Pre-Order

Please List how many boards you will need.

_____ 1"x10" (Adult) _____ 1/2"x10" (Child) _____ 1/2"x6" (Lil' Child)

TOTAL # of Boards _____ **x \$3.00 = \$** _____

NOTE:

For Breaking Events:

- Boards will be available at the cost of **\$3.00 per board**.
- All Boards used by be purchased. NO bringing your own.
- Three sizes of boards will be available:
 - 6"x12"x1/2" (Recommended for competitors age 7 & Under),
 - 10"x12"x1/2" (Recommended for competitors age 8-12),
 - 10"x12"x1" (Recommended for competitors age 13 and over)

Mail Applications & Payment To:

Winter Cup
c/o Pil-Sung Martial Arts
1095C Central Ave
Albany, NY 12205
Or pass to your School Owner to Submit

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LIABILITY and HOLD HARMLESS RELEASE and WAIVER AGREEMENT

I _____ hereby make application for participation in the Winter Cup Tournament, and upon acceptance, I sincerely pledge to obey all rules and regulations as set forth within the event and its organizers. I clearly recognize that a risk is involved in the study and practice of this martial art, and related activities, which has been completely explained to and/or understood by me and/or my parents and/or guardians.

In consideration of accepting my application for entry into this event, I do hereby for myself, my heirs, executors, administrators, parents and guardians assign, release, acquit and forever discharge 518 Martial Arts, Adam Grogin, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors of this event, of and from any and all liability, actions, claims, demands, or suits whatsoever, which I may now or hereafter have or claim to have, on account of any injury sustained and suffered by me while traveling to or from or while practicing the techniques any related activities in connection with this event, and (if applicable) the parents and/or guardians of the applicant hereby request that this application be accepted, and in consideration thereof, agree to indemnify and release all members of 518 Martial Arts, Adam Grogin, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors from all claims made or which may be made on behalf of the applicant, for the aforesaid consideration

I consent that any pictures furnished by me or any pictures and/or video taken of me in connection with the organization can be used for publicity and promotion and I waive compensation in regards thereto. I clearly understand that this activity involves bodily contact, physical exertion, and exercise. I hereby accept that my participation in this event is contingent upon my good conduct and that should the proprietors of this activity determine my actions, behavior and/or attitude inappropriate in any way that my right to participate in this activity will be revoked and I shall sacrifice all fees paid. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in this activity.

I also affirm that I am not affiliated with any defined terrorist or extremist hate groups as recognized by the laws of the United States of America or any organization with secondary affiliation with such organizations, nor am I the subject of any criminal investigation, charges, or related activity of any type.

PARTICIPANT SIGNATURE

DATE

PARENT/GUARDIAN SIGNATURE

DATE

(Parent or Guardian sign if participant is under 18)

ADDRESS: _____

Relationship to Athlete _____

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Rules

Open Forms & Open Weapons

- Competitors in these divisions will perform ANY Forms (patterns, kata, poomse, etc.) traditional or creative in nature.
- These forms may be a traditional forms from a style or system, devised in their entirety by the competitor, or be a traditional form in which modern aspects were added.
- In this division, the competitor may perform any movements whether they originate from traditional or contemporary martial arts systems or otherwise. However, at least half of the form should originate from martial arts techniques.
- Emphasis is placed on the quality of execution of techniques and movements, martial arts skills, balance, speed, power, degree of difficulty, and showmanship, solid stances and focus. Spinning kicks, jump spinning kicks, flying kicks, multiple kicks, splits and other creative martial arts techniques are permitted, but not weighted more than solid basics.
- Competitors should limit the techniques to only those movements that portray a definite offensive or defensive martial arts purpose, or are included to illustrate extreme flexibility or agility.
- Weapons forms will be judged based on the competitors use of the weapon, as well as standard universal principals.
- In the case of a tie, judges may use their discretion and possibly ask for a repeat performance to determine a winner.

Breaking

- Color Belts: 3 Breaks max, Black Belts 5 Breaks max
- Standard Wood Breaking Boards ONLY
What is a break? 1 strike or multiple Simultaneous strikes breaking the materials at the exact same time. ie:
 - Downward Hammer Fist= 1 break, Roundhouse kick=1 break
 - Scissor Kick; 2 kicks executed and breaking boards at exact same time= 1 break
 - Roundhouse Low High Combo= 2 Breaks! Because it is one kick/break following another
 - Double downward hammer fist= 1 Break (each hand simultaneously strikes its own boards and both hands break both boards/stacks at the same time)
 - Round House Spin Hook Kick= 2 Breaks (one kick following another is NOT same time)
- Spacers allowed but not supplied
- There will be a *small* supply of stands, competitors may supply their own wood stands.
- All Boards must be purchased from the Event.
- Board Size: 7 & Under: ½"x6"x12", 8-12 years old: ½"x10"x12", 13 Years and Older: 1"x10"x12"

Scoring

- In each of the three events, competitors will be scored by the judges utilizing a ranking system, the competitor whom they feel performed best will receive a "1", second best a "2" and so on. The judges numbers will be added up and the competitor with the lowest sum will be considered the 1st place winner of that event, and continuing on for each place after that.
- For each event, competitors will earn points for their placements; 1st, 2nd, 3rd, 4th or 5th place win, competitors will earn 10, 7, 5, 3 or 1 point respectively.
- After the conclusion of all three events, the points will be added up and the OVERALL winner determined.
- In the case of the tie, a Tie-Breaking Performance maybe be requested which would be either Weapons or forms.