

2021 518 Martial Arts

# Capital District Karate Tournament COMPETITOR'S REGISTRATION FORM

Please return this form along with your registration fee (NON-REFUNDABLE)

**Registration Deadline, MUST BE RECEIVED by October 20th 2021**

*Absolutely no applications will be accepted after October 20th 2021*

*Please Fill in ALL Information - Important: If any information is missing, application will not be processed.*

Last Name: \_\_\_\_\_ Age: \_\_\_\_\_

First Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Rank (Circle One): **Beginner, Intermediate, Advanced, Black Belt** Sex: **M F**

E-mail: \_\_\_\_\_

School Name: \_\_\_\_\_

## **EVENTS**

*Check all events competing in*

\_\_\_ Kata \_\_\_ Kobudo \_\_\_ Kumite  
\_\_\_ Creative Breaking  
*(Combined with Taekwondo Competitors)*

**Total # of Events Competing in:** \_\_\_\_\_

## **BOARDS Pre-Order**

Please List how many boards you will need.

\_\_\_ 1"x10" (Adult) \_\_\_ 1/2"x10" (Children)

\_\_\_ 1/2"x6" (7 & Under)

**DO NOT PAY FOR BOARDS NOW, PAY DAY OF EVENT**

NOTE:

*For Breaking Events:*

- ALL BOARDS MUST BE purchased the day of the event, at the event.
- Boards will be available at the cost of **\$2.50\* per board.**
- Spacers & Tape will not be provided.
- Three sizes of boards will be available:  
10"x12"x1/2" (Recommended for competitors age 12 - 8),  
6"x12"x1/2" (Recommended for competitors age 7 & Under) &  
10"x12"x1" (Recommended for competitors age 13 and over)

*\*Board Price may vary with industry pricing and constraints.*

## **FEES**

One Event = \$35  
Two Events = \$40  
Three Events = \$45  
Four Events = \$50

**TOTAL** \_\_\_\_\_

Make certified check or money order payable  
to **Pil-Sung Martial Arts.**

Mail to: Pil-Sung Martial Arts  
1095C Central Ave Albany, NY 12205

Tournament Director: Master Adam Grogin  
Hosted by: 518 Martial Arts  
[www.518MartialArts.com](http://www.518MartialArts.com)

2021

**Capital District Karate Tournament**  
**LIABILITY and HOLD HARMLESS RELEASE and WAIVER AGREEMENT**

I \_\_\_\_\_ hereby make application for participation in the 518 Martial Arts Capital District Karate Tournament, and upon acceptance, I sincerely pledge to obey all rules and regulations as set forth within the event and its organizers. I clearly recognize that a risk is involved in the study and practice of this martial art, and related activities, which has been completely explained to and/or understood by me and/or my parents and/or guardians.

In consideration of accepting my application for entry into this event, I do hereby for myself, my heirs, executors, administrators, parents and guardians assign, release, acquit and forever discharge 518 Martial Arts, the individual 518 Martial Arts founders, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors of this event, of and from any and all liability, actions, claims, demands, or suits whatsoever, which I may now or hereafter have or claim to have, on account of any injury sustained and suffered by me while traveling to or from or while practicing the techniques any related activities in connection with this event, and (if applicable) the parents and/or guardians of the applicant hereby request that this application be accepted, and in consideration thereof, agree to indemnify and release all members of 518 Martial Arts, the individual 518 Martial Arts founders, its instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors from all claims made or which may be made on behalf of the applicant, for the aforesaid consideration

I consent that any pictures furnished by me or any pictures and/or video taken of me in connection with the organization can be used for publicity and promotion and I waive compensation in regards thereto. I clearly understand that this activity involves bodily contact, physical exertion, and exercise. I hereby accept that my participation in this event is contingent upon my good conduct and that should the proprietors of this activity determine my actions, behavior and/or attitude inappropriate in any way that my right to participate in this activity will be revoked and I shall sacrifice all fees paid. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in this activity.

I also affirm that I am not affiliated with any defined terrorist or extremist hate groups as recognized by the laws of the United States of America or any organization with secondary affiliation with such organizations, nor am I the subject of any criminal investigation, charges, or related activity of any type.

\_\_\_\_\_  
**PARTICIPANT SIGNATURE**

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**PARENT/GUARDIAN SIGNATURE**  
*(Parent or Guardian sign if participant is under 18)*

\_\_\_\_\_  
**DATE**

**ADDRESS:** \_\_\_\_\_

**Relationship to Athlete** \_\_\_\_\_

2021  
**Capital District Karate Tournament**  
Rules

### **Uniforms**

- Competitors will be required to wear a White Traditional Karate Uniform, School Patches or Logos are permitted. No other colors permitted.

### **Kata**

- Katas must be of a traditional karate system genre.
- Katas will be judged on a Point Scale.
- We realize that every school does different katas at different ranks and there will be no judging based on the kata performed in comparison to the rank.
- We realize that every school does the same katas a little differently and will not be judging on the exact technical accuracy of one particular school. Katas judging will be based on universal principles we all know, not the technically way each of us do a kata at our own school, it is a known fact each local school does each kata differently.

### **Weapons**

- Weapons kata must be of a traditional karate system genre.
- Only Traditional Japanese/Okinawan weapons are permitted; bo, tonfa, eku (oar), sai, kama, swords, nunchukus. *If in doubt, ask.*
- Weapons kata will be judged on a Point Scale.
- Weapons kata will be judged first and foremost on the effective use and handling of the weapons for distinct offensive and defensive actions.

### **Kumite**

Required Protective Gear: Foam Dipped or WKF Style Gloves/Mitts, Foam Dipped Head Gear (face shield optional), Mouth Guard, Groin Protector for males.

- Optional Protective Gear; Shin Guards, Chest Guard, or Foot Coverings (Foam Dipped boots or Instep Guards).
- 2 Minute Long Rounds, half and full points, win by: ahead on points at end of match, total of 3 full points, or opponent forfeits/disqualified.
- Legal Target Areas: Head, Face\*, Neck (No throat), Chest, Abdomen (above pelvic bone), sides, back (not top of shoulders),.
- \*Face Point: Adults may make light contact to the face, under 18 year old competitors may target the face, but must pull technique before completion to successfully earn a point.
- Leg Sweeps & Controlled take downs, immediately followed by a scoring technique are allowed.
- Warnings & Penalties will be given for illegal techniques, excessive force, bad sportsmanship, failure to defend and failure to follow directions from referee.
- Competitors may have an assigned coach, who will be permitted to sit ringside during the match and may advise between rounds.

### **Breaking**

- Breaking will be judged on a Point Scale.
- Color Belts: 3 Breaks max, Black Belts 5 Breaks max
- What is a break? 1 strike or multiple Simultaneous strikes breaking the materials at the exact same time. ie:  
Downward Hammer Fist= 1 break, Roundhouse kick=1 break
  - Scissor Kick; 2 kicks executed and breaking boards at exact same time= 1 break
  - Roundhouse Low High Combo= 2 Breaks! Because it is one kick/break following another
  - Double downward hammer fist= 1 Break (each hand simultaneously strikes its own boards and both hands break both boards/stacks at the same time)
  - Round House Spin Hook Kick= 2 Breaks (one kick following another is NOT same time)
- Spacers allowed but not supplied
- Competitors must supply their own stands. No concrete stands allowed
- All Boards must be purchased from the Event on the Day of the Event
- Board Size: 7 & Under: ½"x6"x12", 8-12 years old: ½"x10"x12", 13 Years and Older: 1"x10"x12"