



518 Martial Arts Presents the 10th Annual  
**Capital District Open**  
 Martial Arts Tournament  
 Sunday May 3rd 2020

\* The YMCA - Bethlehem, NY \*



\*\*\* NEW VENUE \*\*\*

**Bethlehem YMCA**  
 900 Delaware Ave  
 Delmar, NY 12054

**Time:**

9:00am Sharp  
 Doors Open at 8:30am

**Awards:**

1st-3rd place  
 Color Plaques  
 Participation Awards  
 for Children 7 & Under

**Spectators:**

\$5 per person  
 or \$10 per family

**Entry Fee (s):**

\$35 1st Event  
 \$10- each Addtl event

*Deadline April 24th 2020*

*All Styles & Ranks Welcome*  
**Weapons - Forms - Breaking  
 & SPARRING**

Register as a  
 518 Martial Arts  
 Competitor and earn  
 points at tournaments.  
 End of the year  
 awards and titles will  
 be presented!  
 Become a  
**518 Champion!**

Affiliated with the renowned North East Open, this new event is geared towards our first time competitors! The same organization, family spirit, friendly atmosphere and focus on camaraderie as the North East Open, in a small hometown package!

**CONCESSIONS**  
 Event Shirts,  
 Snacks, Drinks,  
 Available for  
 Purchase!  
 Bring Cash!

**Events:**

Open Forms, Open Weapons, Point Sparring & Breaking  
**Boards: \$2.00 Each** pre-order, \$3.00 day off  
 Breaking is NOT USBA sanctioned

For More information Contact:  
 Event Director: Master Adam Grogin at (518) 458-1011 or  
 Or via email at: [Info@518MartialArts.com](mailto:Info@518MartialArts.com)

**Tae Kwon Do \* Karate \* Kenpo \* Shotokan \* Kung Fu \* Tang Soo Do**

*Don't Forget to Mark your Calendars for the 14th Annual North East Open  
 Saturday August 8th 2020*

